



LIFE STUDIES INSTITUTE PRESENTS

**HOW A CULTURALLY COMPETENT/ HISTORICAL CONTEXT
INFORMS PRACTICE
An African Antiquities Perspective**

A. Pre-travel Program: 4 hours (April 2011) This class is also open to those not traveling to Egypt in June 2011. Presenter: Patricia Martin-O’Meally, LICSW, CPM

Objective: 1) The total program including a trip (14 days) to Egypt is designed to provide an expanded culturally competent/historical context to enhance the practice of social workers, teachers and others in the field of human behavior especially those who work with African and African Americans.

Objective: 2) Participants will gain insight into their own sense of self and their connection to their historical past.

Objective: 3) Participants will gain a fundamental understanding of the world culturally and historically from an African perspective.

Objective: 4) Participants will have opportunities to use cultural and historical information to discuss and formulate their learning and experience to improve practice skills, techniques and interventions.

Date: TBA – April, 2010 Time: 4 hours Place: Thurgood Marshall Center
IKG Cultural Resource Center
1816 – 12th Street, N.W.

Cost of the seminar: Those not traveling to Egypt - \$60.00
Those traveling to Egypt – NO Charge
There is an additional charge for the NASW CEU Certificate

B. Egypt On The Potomac Pre-Travel Field Tour (3 hours) (April 2011) This class is also open to those not traveling to Egypt June 2011. Presenter: Tony Browder.

Participants are encouraged to take a cultural Field Trip of Washington, D.C. “Egypt on the Potomac”. The tour which has been available for many years is led by Mr. Tony Browder and “provides a unique educational experience.” The trip will give insight into the cultural and historic significance of many sites that we pass every day as it relates to Egyptian antiquity.

Objective: 1) The tour will give participants an opportunity to make a direct connection between significant Washington, D.C. (significantly the Nation's Capitol) landmarks and African architecture.

Objective: 2) The tour will give participants a connection between what they and their clients see daily and the African culture and architecture they will experience on their trip to Egypt.

The tour of the city will be guided by Author and Lecturer Tony Browder.

Date: TBA – April, 2010 Time: 3 hours Place: Thurgood Marshall Center
IKG Cultural Resource Center
1816 – 12th Street, N.W.

Cost of the Seminar: Those not traveling to Egypt - \$25.00 to IKG
Those traveling to Egypt –\$25.00 to IKG
There is an additional charge for a NASW CEU Certificate

C. Looking Past Hollywood Using Our Own Eyes 10 hours

During the Trip to Egypt: (8 hours of lecture plus Red Crescent and Archeological visit.) **Available only to those traveling to Egypt June 12th to 25th 2011.**

Tony Browder will deliver 4 lectures (2 hours each) during the trip. The focus of these presentations will provide a cultural and historical foundation connecting our clients and students today with an African civilization that still impacts the organizations, architecture and what we call the modern world today.

- 1) General History and Overview of Egypt (2 hours)
- 2) Stolen Legacy of Egypt and the rise of Egyptology (2 hours)
- 3) Philosophy and the Educational systems of Ancient Egypt (2 hours)
- 4) Influences of the Nile Valley on Western Civilization: Education, Social Systems with and emphasis on the United States (2 hours)

Invited:

In addition, while in Egypt, **Mrs. Eman Gabrail** who heads the Red Crescent in Luxor is being invited to talk about some of their involvement in National Egyptian health issues. (1 hour)

Archeological Research:

Participants will meet **Dr. Elena Pischikova** who is an Egyptologist and an authority on Egyptian and Kushite Art of the late Kingdom (740-332 BCE). In 2006, Dr. Pischikova discovered the 25th dynasty tombs of three Kushite nobles on the west bank of Luxor, Egypt. Her discoveries helped establish a cultural relationship between the Kushite rulers of the 25th dynasty and the pyramid builders of dynasties 3 through 6 who lived 2000 years earlier. Participants will have an opportunity to visit the dig now in progress. (1 hour)

Cost of Seminars: Those traveling to Egypt – NO Charge

D. Developing an Informed Context for Direct Practice and the Development of Interventions

Post Trip Seminar: (July 2011) (3 hours) This class is also open to those not traveling to Egypt June 2011. Presenter: Patricia Martin-O'Meally, LICSW, CPM

Objective: 1) Participants will be able to discuss and plan changes in work with clients and students based on their learning during the class and trip the Egypt.

Objective: 2) Participants will be able to share changes in programs and planning in their current and upcoming activities.

Objective: 3) Participants will share with each other ways their understanding of self and persons of other cultures impacts their view of the world and practice.

Date: TBA – July, 2010 Time: 3 hours Place: Thurgood Marshall Center
IKG Cultural Resource Center
1816 – 12th Street, N.W

Cost of the seminar: Those not traveling to Egypt - \$60.00
Those traveling to Egypt – NO Charge
There is an additional charge for the NASW CEU Certificate

Please Note:

Currently, NASW Metro Chapter charges \$15.00 for CEU certificates.



Life Studies Institute Presents
EGYPT STUDY TOUR
Social Workers - Educators

JUNE 12 – 25, 2011

\$3,599.00 From Washington

\$3,629.00 From Baltimore

(Plus applicable tips, taxes, fuel surcharge and visa fee)

GUEST LECTURER MR. ANTHONY BROWDER

Visit with the Red Crescent of Luxor/ Visit an archeological site and meet with Project Director

Up to 20 Social Work Continuing Education Credits Available

PAYMENT PLAN: Deposit \$500.00 by October 1, 2010

Monthly Payment \$500.00 * Balance due May 1, 2011**



ACCEPTANCE OF INVITATION

PRINT LEGIBLY ALL DETAILS AND MAKE ALL CHECKS PAYABLE AND MAIL TO:

CONSOLIDATED TOURS ORGANIZATION, INC.

1675 Virginia Avenue, Suite 200 * Atlanta, Georgia 30337-2845

Mr./ Dr.

Mrs./ Dr.

NAME Ms.

(NAME AS IT APPEARS ON YOUR PASSPORT)

ADDRESS:

CITY/STATE/ZIP: _____

TEL. NO. (Home): () _____ Office: () _____

TOUR HOST NAME: _____

TOUR NUMBER: 101-902-_____

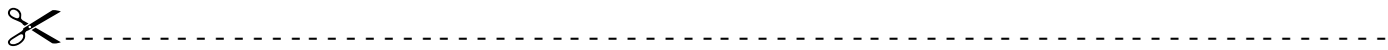
Yes, definitely arrange for the following inclusions. It is understood an invoice is to be sent to me and is to be paid in full sixty (60) days prior to departure. The \$500.00 per person deposit is attached to confirm participation and as credit to the total cost of the tour.

[] **SINGLE ROOM ON TOUR - \$650.00**

[] Make connecting air reservations to our departure city roundtrip from (list city)

Signature _____

PLEASE READ THE TOUR CONDITIONS CAREFULLY, SINCE ENROLLMENT IN AND PAYMENT FOR THE TOUR CONSTITUTES ACCEPTANCE OF THE TOUR CONDITIONS.



Suggested Reading List

The books cited below supply important background material for this tour. It will be very helpful to each participant to read at least one book on this list which can be found in bookstores specializing in African-American topics.

The African Origin Of Civilization: Myth or Reality
Diop, Cheik Anta

Civilization Or Barbarism
Finch, Charles S.

Gift of the Nile Course Outline.
Finch, Charles S.

Social Work An Empowering Profession.
Dubois and Miley.

Introduction to African Civilization
Van Sertima, Ivan (editor)

Culturally Competent Practice.
Fong and Furuto

Destruction of Black Civilization
Williams, Chancellor

Anthony T. Browder

Anthony Browder is the Director of the IKG Cultural Resource Center in Washington, D.C. and has lectured extensively on African and African American history and culture throughout the United States, the Caribbean, Africa, Mexico, Japan and Europe. He has conducted study tours to Egypt since 1987.

Mr. Browder is the author of numerous publications, including, *From The Browder File, Nile valley Contributions to Civilizations* and *Egypt on the Potomac*. He is the co-author, along with his daughter, Atlantis Tye, of *My First Trip to Africa* and *Africa on my Mind*. All of his publications are currently being used in classrooms around the world.

“Tony” describes himself as a chronicler of facts and information relative to the positive portrayal of the worldwide African experience.

REQUIREMENTS FOR TRAVEL

PASSPORT – American citizens traveling abroad must have a valid passport. Apply at your nearest passport office or clerk of superior court immediately. Non-American citizens need to check with CTO for requirements.

VISA: EGYPT – A Visa is required, CTO will obtain a group Visa for the group at an additional cost of \$30.00.

NON U.S. citizens call C.T.O

VACCINATION: None at this time.

SOCIAL WORKERS, EDUCATORS STUDY TOUR

SUN. DAY 01: THE BEGINNING OF OUR EXPLORING TOUR Leave Washington or Baltimore via Continental Airlines jet service from Newark to Cairo. Meals will be served on board.

MON. DAY 02: INTO THE LAND OF THE PHARAOHS Arrival in Cairo. You will be met and transferred to your hotel.

TUE. DAY 03: MEMPHIS/SAKKARA/GIZA Morning tour to Memphis and Sakkara. Located 20 miles southwest of Cairo, Memphis was one of the most important cities through the history of ancient Egypt and was once the capital of Egypt. Sakkara's Step Pyramids are the oldest in existence and are the world's first stone tombs. Proceed to Giza. Visit one of the Seven Wonders of the World, the Cheops, Chephren and Mycernius Pyramids and the Sphinx. Return to your hotel.

WED. DAY 04: THE EGYPTIAN MUSEUM/OLD CAIRO This morning visit the Egyptian Museum with its renowned collection of well-preserved pharaonic antiquities. The Museum contains the world's most important collection of Egyptian antiquities, dating from the earliest times to about 6th century AD. The collection includes some of the artistic masterpieces of the world, including the treasures of Tut-Ankh-Amon. This afternoon, tour Old Cairo. See the site where Moses was found in the bulrushes. Continue to the Mosques of Sultan Hassan built in the 14th century, the Citadel of Salah-El Din and the Alabaster Mosque. Stop at the Khan el Khalili Bazaar where time will be allowed to browse and shop. Return to your hotel.

THU. DAY 05: THE PYRAMIDS OF MEIDUM AND DAHSURE/CAIRO/LUXOR Morning visit the remains of the pyramid at Meidum, it is believed to have been begun by Huni, the last king of the 3rd Dynasty and completed by Sneferu founder of the 4th Dynasty and the immediate predecessor of Khufu, but probably never used as a burial place. Also, visit the Ra-Hotep and Nofret mastaba, the site of the famous statues. Continue to visit the pyramids Dahsure and the remains of subsidiary tombs and temples. Visit the Nothern stone or Red pyramid, the Nothern Brick or Black pyramid, the White pyramid the Southern Brick pyramid and the Bent pyramid. Transfer to the airport for your flight to Luxor. Upon arrival you will be met and transferred to your hotel.

FRI. DAY 06: TANTERA (DENDERA) (THE TEMPLE OF HT HR)/ABDU (ABYDOS) Leave Waset early in the morning by bus to visit Tantera (the Temple of Ht Hr [Hathor]), drive to the ancient city of Abdu, and visit the Temple of Seti, the site of the grave of the head of Asar (Osiris). Return to your hotel in Waset in the late afternoon for dinner and overnight.

SAT. DAY 07: WASET (LUXOR OR THEBES)/IPET ISUT (KARNAK) & SOUTHERN IPET (LUXOR) TEMPLES Transfer to your ship. In the afternoon visit the Avenue of the Sphinxes at Ipet Isut (Karnak). View the gorgeous Hypostyle Hall, the Tekenu (obelisks) of Queen Hatshepsut, and the Sacred Lake. Continue to the Southern Ipet (Temple of Luxor). Visit the White Chapel, Temple of Khonsu and Mout and the Temple of Amon. Return to your ship.

SUN. DAY 08: WASET (THEBES)/VALLEY OF THE KINGS, QUEENS AND NOBLES/ MEDINET HABU/ COLOSSI OF MEMNON/ESNA/EDFU Morning visit the Necropolis of Thebes on the West Bank. Drive to the Valley of the Kings, visit the Valley of the Kings, visit three tombs of your choice in the Valley of the Kings, as Seti I, and Ramses VI. Continue to the Temple of Queen Hatshepsut and continue to Medinet Habu and return to the ship via the Colossi of Memnon. Sail to Esna. Disembark the ship for

sightseeing of the Temple of Khnum, the Ram-headed god. Ptolemies and Roman emperors added to the building and enriched it with reliefs and inscriptions. On the ceiling are astronomical signs, on the walls, pictures of Khnum accepting the sacrifice of the Emperor. Return to your ship and sail to Edfu.

MON. DAY 09: EDFU (The Temple of Heru [Horus])/KOM OMBO (THE TEMPLE OF SOBEK) Visit the Temple of Heru. This temple was excavated by Mariette, and is one of the best preserved in Egypt.

After visiting Edfu, sail to Kom Ombo. Visit the Temple of Sobek at Kom Ombo. This unique temple is dedicated to Sobek, the crocodile-god and Haroeris, the sun god. The temple is unique in that it is a twin temple, divided into two halves, each identical to the other so that neither god would be angered. Overnight in Kom Ombo.

TUE. DAY 10: ASWAN Sail to Aswan. Morning departure for sightseeing of the High Dam. Some 4 1/2 miles south of the earlier dam, the High Dam rises up on a colossal scale. The crown of the dam is over three miles long, 164 feet thick, and towers more than 360 ft. above the river bed. The inland lake created by the Dam is more than 375 miles long, penetrating 155 miles into the territory of Sudan. When the Aswan dam was opened from July to November, the resulting drop in water level was such that the Isis Temple on the Island of Philae rose up out of the waters. During the remaining months of the year, only pylons and the upper sections of the building could be seen. Visit the Island of Agikia where the monuments from Philae have been rebuilt. Visit the ancient granite quarries where the ancients obtained the reddish Aswan granite for their temples and monuments. See the unfinished obelisk, had it been completed, it would have been the largest ever hewn from a single stone. It was left unfinished after a flaw was found in the stone. Return to Aswan to your hotel. Balance of the day at leisure. Dinner and overnight in Aswan.

WED. DAY 11: ASWAN/ ABU SIMBEL/ ASWAN Transfer to the airport for your short flight to Abu Simbel. Abu Simbel is situated on the western bank of the Nile 180 miles south of Aswan. There lies the great Temple, hewn in the rock, with the four colossal seated statues of the King in front of the entrance. It was dedicated to Amun-Ra, the Horakhti, and Ramses II. The figures are 65 1/2 feet high, and wear the double crown. Nearby to the north, is a second temple, also built by Ramses II, and dedicated to the Goddess Het Heru (Hathor) and to Nefertari, the King's wife. The temples, which were threatened by the waters on the completion of the Aswan High Dam have been preserved by international action organized by UNESCO. The most important part of the temples (statues, inscribed slabs, etc.) have been rebuilt on a plateau above the former site. You will fly back Abu Simbel to Aswan, where you will be met and transferred to your Hotel. This afternoon visit the Rock Tombs of the Nobles which date back to the Middle Kingdom. Return to your Hotel for dinner and overnight in Aswan.

THU. DAY 12: ASWAN Complete day at leisure for your personal activities. Breakfast and dinner are included at your hotel.

FRI. DAY 13: ASWAN/CAIRO Transfer in time to the airport for your flight back to Cairo. Upon arrival you will be met and transferred to your hotel. Dinner and overnight at the hotel.

SAT. DAY. 14: CAIRO/ HOME Transfer to the airport for your return flight home. Arrive in the evening local time.

TOUR CONDITIONS

AIR TRANSPORTATION: Economy class jet connecting IATA and ATC carriers. Airfare is based on SUPER APEX 6-21 days plus domestic add-on fares where applicable. Airfares are based on August 1, 2010 and are subject to change without prior notice.

BAGGAGE: Limited to one normal size suitcase, the weight of which should not exceed 50 pounds. Flight bags, cosmetic bags, briefcases, and camera cases remain in the personal care of tour members and are not included in the 50 pounds.

HOTEL ACCOMMODATIONS: Superior First Class Hotels and Nile Cruise, two persons sharing a twin bedroom with private bath. Nile Cruise, outside cabins two lower beds. A limited number of single rooms are available at **\$650.00** supplemental cost. Confirmation required before departure.

MEALS: TWO MEALS PER DAY: Full breakfast and dinner daily. Lunches are included on the cruise.

SIGHTSEEING: As detailed in the itinerary, using comfortable and convenient transportation. English speaking government licensed guide. All entrance fees are included when applicable to specified sites.

TIPS: Tips associated with portage at the hotels, meal gratuities, GUIDES and DRIVERS rendering services TOTALING **\$100.00** are NOT included.

TAXES: Service charges as imposed by lodging facilities, taxes by local administrations and government authorities on lodging are included on all services rendered to the group. Airport taxes, and fuel surcharge totaling **\$275.00** are **NOT** included in the price of the tour and are subject to change without prior notice. Visa fee **\$30.00** is **NOT** included in the price of the tour. You will be billed for all these amount in your final invoice.

THE TOUR PRICE DOES NOT INCLUDE: Expense of passports, laundry, wines, liquors, mineral water, lunches and after supper coffee or tea or items not found on the menu, excessive baggage expenses, and all items of a personal nature, plus those not listed as being included in the tour price.

FOR FURTHER INFORMATION:

E-mail info@lifestudiesinstitute.com or

Visit us on www.lifestudiesinstitute.com
for CEU information

BOOKING AND CONDITIONS: Deposit and payment. A deposit of \$500.00 per person is required at the time of booking. Final payment must be made no later than 60 days prior to departure. Monthly payments \$500.00.

Payments received after the dead line date will be subject to \$50.00 administrative fee, CTO reserves the right to cancel any passenger NOT paid in full 60 days prior to departure. Reinstatement of a passenger is considered a last minute booking.

Last minute booking, 60 days or less prior to departure will have to pay the applicable airfare at the time of booking and \$150.00 to cover administrative cost.

CANCELLATIONS: Cancellations must be made in writing. Cancellations made up to 60 days prior to departure, refunds will be made less \$250.00 per person administrative fee. Cancellations made 59-35 days prior to departure will be subject to \$500.00 per person administrative fee. Cancellations received 35 days or less prior to departure have to pay a charge equivalent to 75% of the cost of the basic tour from the Gateway City.

NO SHOW NO REFUND. Cancellation charges with medical reasons certified by a hospital and accepted by the airlines and suppliers will only be made based on refunds from suppliers and less \$300.00 per person administrative fee. **CANCELLATION INSURANCE IS HIGHLY RECOMMENDED.** No refunds for services or sightseeing rendered and not used by tour members. Consolidated Tours Org. Inc. **RESERVES THE RIGHT TO CANCEL,** withdraw or change the tour in whole or in part at any time in the event a change is deemed necessary by CTO, Inc. The sole obligation of CTO is to refund payments received in connection herewith if not acceptable to tour members.

RESPONSIBILITY: CTO and their Agents assume no liability or responsibility for any injuries or loss of property, accident, delay, changes in schedule or itinerary or incidental damages, occasioned by circumstances beyond their control or by any person or reason whatsoever, including but not limited to default or omission of and by any third party providing services or facilities related to or included in this tour or any part thereof or in arranging for same. The IATA carriers, steamship firms and other transportation companies whose services are featured in these tours are not to be held responsible for any act, omission or event during the time the passengers are not on board their respective conveyance. The passage contract in use by these companies, when issued, shall constitute the sole contract between the companies and the purchaser of these tours and/or passenger and CTO, Inc. assumes no liability or responsibility in connection therewith.

Continental
Airlines 